

CONNECT

HERE'S AN AMAZINGLY FAST WAY TO BUILD TRUST:

- 1 DIVIDE A CROWD OF ANY SIZE INTO GROUPS OF THREE
- 2 PRINCIPLES: EACH PERSON ANSWERS THE SAME QUESTION, SPEAKING TIME IS DIVIDED EQUALLY. NO CRITICISM.
- 3 EACH TIME DECIDES WHICH PERSON WILL BEGIN
- 4 TIME TO ASK THE QUESTION
- 5 THE FIRST PERSON ANSWERS THE QUESTION AS OPENLY AS POSSIBLE AND POSITIVELY FOR 2 MIN. THE OTHER TWO LISTEN CAREFULLY...
- 6 ... AND REFLECT AS OPENLY AS POSSIBLE
- 7 NEXT ROUND: PERSON 2 STARTS
- 8 LAST ROUND: PERSON 3 STARTS
- 9 COME TOGETHER AND SHARE YOUR EXPERIENCES

NO CRITICISM!
THEY'VE HEARD (A MIN EACH)

REFLECTIONS ON TRUST

DO I BELIEVE THAT TRUST CAN BE EARNED, OR CAN IT ONLY BE GIVEN FREELY?

WHY DO I TRUST THE PEOPLE I TRUST?

DO I TRUST MYSELF?

TRUST IS LIKE A STRONG BRIDGE BETWEEN PEOPLE.

IT MEANS THAT YOU CAN TRUST SOMEONE TO DO WHAT THEY SAY, TO BE HONEST, AND TO HAVE YOUR BEST INTERESTS AT HEART.

THE HISTORY OF HUMAN PROGRESS IS A HISTORY OF SOCIAL COLLABORATION - WHICH IS BUILT ON TRUST.

ESSENTIAL INGREDIENTS

- ACT HONESTLY & CANDIDLY # AUTHENTICITY
- DO YOU WHAT BELIEVE IS RIGHT # INTEGRITY
- KEEP YOUR PROMISES # RELIABILITY
- SEEK TO UNDERSTAND OTHER'S FEELINGS # EMPATHY
- SHOW DEPENDABLE BEHAVIOR # CONSISTENCY
- _____
- _____

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ALWAYS

AM I HONEST, RELIABLE AND TRUE TO MY WORD?

DO I SHOW EMPATHY AND UNDERSTANDING TOWARDS OTHERS?

CAN OTHERS TRUST ME TO FOLLOW THROUGH ON MY COMMITMENTS?

NEVER

MOVE SLIDER

THIS BOOKLET WAS CREATED WITH GOOD INTENTIONS. HOPE YOU LIKE IT.
WORDS & DESIGN: PASCAL DULEX